

PRODUCT SPECIFICATIONS

Recommended Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL
CHEST	31 -34	34 - 37	37 - 41	41 - 44	44 - 48	48 -52	52 - 56	56 - 60	60 - 64
WAIST	28 - 29	29 - 31	31 - 34	34 - 37	37 - 41	41 - 45.5	45.5 - 50	50 - 54.5	54.5 -59

HOW TO MEASURE

CHEST	Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement.
WAIST	Measure around your natural waistline. Be careful not to squeeze too tight to allow give.